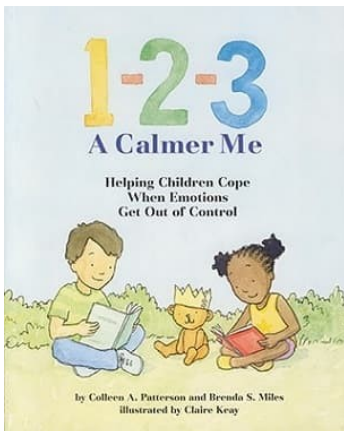


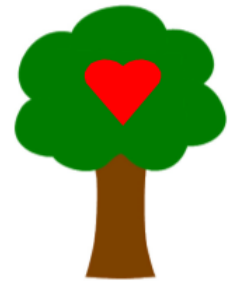
1-2-3 a calmer me
1-2-3 I hug me
1-2-3 relax and breathe
1-2-3 a calmer me



Families Learn & Grow



1-2-3 a calmer me
1-2-3 I hug me
1-2-3 relax and breathe
1-2-3 a calmer me



Families Learn & Grow

