## PARENTS/CAREGIVERS SUPPORT GROUP

## REACHOUT & CONNECT March 30 2023 6:30-8:00pm at 9607 102 Street

Are you feeling disconnected and overwhelmed as a parent or caregiver?

Want to connect with other caregivers looking for parenting strategies?

Join us for in-person connection with other caregivers experiencing some similar challenges.

THIS IS A DROP IN GROUP, NO REGISTRATION REQUIRED UNLESS YOU NEED CHILDCARE. PLEASE CONTACT US AT 780 830 0920 48HRS (2DAYS) PRIOR TO CONFIRM CHILDCARE.

FOR MORE INFO CALL: 780 830 0920







