



Outline for ages 5-7 yrs

Session 1- Who am I / I belong

Celebrating my own uniqueness, all families are different, all are special.

Session 2- Feelings

Understanding them, naming them, everyone has them.

Session 3- Cultural diversity & inclusion

We are all different, we are all the same.

Session 4- Celebrating differences

We all belong

Session 5- Bullying/ peer pressure

The different roles, reporting vs tattling

Session 6- Celebrate me day

Finish journals, "inside out" Party day